

PARUL INSTITUTE OF AYURVED & RESEARCH

DETAILS OF COMPLETED RESEARCH PROJECTS

Details of Projects funded by CR4D – Center for Research and Development, Parul University

SL.NO	NAMES OF FACULTY	TITLE OF THE PROJECTS	CTRI Details	FUNDS ALLOTTED
1	Dr Vaishali, Dr Jayasheela, Dr Bhavin, Dr Eshwari, Dr Sreevishak, Dr Shruti.	An Open Labelled Randomised Comparative Clinical Study Of Effect Of Pooga Paaka And Pathyadi Kashaya In Migraine Without Aura	CTRI/2020/05/025136	Rs 50000/-
2	Dr. Divya B, Dr. Sachin Deva, Dr. Prasanna Mathad	A Randomized Single Blind Clinical Study To Evaluate Efficacy Of Menthol Herb (Hydroalcoholic Extract) Lotion In The Effective Management Of Urticaria.	CTRI/2019/10/021751	
3	Dr Anitha H Dr Akshar Kulkarni Dr Nisha Munishwar Dr Mauli	Pharmaceutical Analytical And Interventional Study Of Darvyadi Granules In Iron Deficiency Anemia - A Pilot Study	-	Rs 50000/-
4	Dr Prasanth, Dr Suvarna Dr Bhavin	Qualitative & Quantitative Comparative Study On The Efficacy Of Kunapajala Therapy In Cultivation Of Roots Of Vetiveria Zizanioides As Per Surpala Nighantu	Not Applicable	Rs 40000/-
5	Dr B G Kulkarni Dr Prasanna Mathad Dr Jigna, Dr Navoday Raju Dr Manjula K	An Interventional Study To Assess The Augmenting Effect Of Balachaturbhadra Arka In Grade I & II Under Nutrition In Children Attending Anganawadi	CTRI/2020/03/024168	Rs 30000/-
6	Dr Vasanti, Dr Rakesh B, Dr Archana, Dr Raman Santra	A Control Clinical Study Of Effect Of Saptachakra Ghanavati Anti-Spasmodic Dysmenorrhea.	CTRI/2020/12/029731	Rs 30000/-

Details of Research Projects funded by Non Govt./ Pharma Agencies

Sr.	Name of the Principal/ Co-Investigator	Study Title	Sponsor	Year	CTRI Registration No.
1	Dr Prasanna Mathad, Dr Divya B	A Prospective, Interventional, Randomized, Parallel, Double Blind, Placebo Controlled Clinical Study to Evaluate the Efficacy & Safety of Curcumin in Patients With Chronic Joint Pain.	IC Bio Pharmaceuticals Bangalore	2018	CTRI/2018/12/016560
2	Dr Nisha Munishwar, Dr. Anagha Mathad	A Prospective, Interventional, Randomized, Parallel, Double Blind, Placebo Controlled Clinical Study to Evaluate the Efficacy & Safety of Curcumin Capsule in Patients With Chronic Bronchitis	IC Bio Pharmacoeuticals	2018	CTRI/2018/12/016796
3	Dr. Vaishali Deshpande, Dr. Pawar C.S.	A Randomized, Double Blind, Placebo Controlled, Comparative Interventional, Multi centric Prospective Clinical Study To Evaluate Efficacy And Safety Of Ayurtis Cap In Patients Suffering From Cervical Spondylitis	Welex laboratories and TIMER Institute, Mumbai	2019	CTRI/2019/11/021883
4	Dr. Vaishali Deshpande, Dr. Nisha Munishwar	Clinical evaluation of Dabur Chyawanprash (DCP) as a preventive remedy in pandemic of COVID-19 – An open label, Multi centric, Randomized, Comparative, Prospective, Interventional Community based Clinical Study on Healthy individuals	Dabur India Ltd. New Delhi and TIMER Institute, Mumbai	2020	CTRI/2020/05/024981
5	Dr. Vasanthi T	Clinical study to evaluate effect of menocramp tablets in the management of primary dysmenorrhoea.	Solumiks Herbaceuticals Limited, Mumbai	2020	CTRI/2020/12/029646

6	Dr Divya B.	A prospective, randomized, comparative, parallel, 2- arm study to evaluate the efficacy and safety of a Myostaal liniment application as add on therapy for the reduction of spasticity in patients suffering from Hemiplegia	Solumiks Herbaceuticals Limited, Mumbai	2020	CTRI/2020/12/029850
7	Dr Khemchandra Mahajan	An Open Labelled phase 4 Single Group Proof-of-concept study to evaluate the Efficacy & Safety of Arshkeyt, a 7 day kit in patients suffering from Anal fissures.	Solumiks Herbaceuticals Limited, Mumbai	2020	CTRI/2020/11/029129
8	Dr Vaishali Deshpande, Dr Bhavin Dhanawade, Dr. Nupur Bhatt	A prospective, randomized, comparative, parallel, 2-arm study to evaluate the efficacy and safety of a Myostaal liniment application as add on therapy for muscle strengthening in patients suffering from osteoarthritis of knee	Solumiks Herbaceuticals Limited, Mumbai	2020	CTRI/2020/11/029031
9	Dr Naresh Kore, Dr Nisha Munishwar	Evaluation of efficacy and tolerability of Abhraloha tablets in iron deficiency anaemia – Phase IV	Solumiks Herbaceuticals Limited, Mumbai	2020	CTRI/2020/12/029883
10	Dr. Prasanna M, Dr. Eshwari Saliyan	A Prospective Multicenter Interventional Placebo Controlled Randomized Double Blind Parallel Study To Assess The Efficacy & Safety of INDCA Nasal Spray In Treatment Of Patients With Tension Type Of Headache	Sanjivani Biolabs, Indus Biotech	2020	CTRI/2020/10/028285
11	Dr Vaishali Deshpande	Clinical evaluation of Zandu Chyavanprash as an immunity booster for its preventive effect on infections in pandemic of COVID-19 – An open label, Multi centric, Randomized,	Emami Pharma Ltd and TIMER Institute, Mumbai	2021	CTRI/2021/01/030454

		Comparative, Prospective, Interventional Community based Clinical Study on Healthy individuals			
12	Dr. Manjusha Karkare, Dr. Mauli Vaishnav	Open labelled interventional clinical trial to evaluate effect of asthiposhak vati tablet in the management of Premenstrual Syndrome (PMS)	Shree Dhootapapes hwar Limited, Mumbai	2021	CTRI/2021/05/033405
13	Dr. Vaishali Deshpande, Dr. Bhavin Dhanawade, Dr. Naresh Kore	Evaluation of efficacy and safety of Ppegard syrup in comparison with Digene syrup in Amlapitta- An open labelled, randomised, two arm, prospective, parallel clinical study	Vital care Ltd.	2022	CTRI/2022/04/042136

Details of Research projects sanctioned by Government agencies

SL.N O	TITLE OF PROJECT	NAMES OF STUDENT	NAME OF MENTOR	AMOUNT SANCTIONE D	Name of Funding Agency
1.	Herbal Hair Lotion - An effective remedy for all hair problem	Shaikh tahesin, Pandey Aakanksha, Parmarkrupa, Vaghelakajal, Parmarstuti , Saparaforam , Desai maya	Dr. Prasanna Mathad	75000/-	SOIC – SSIP Government Of Gujarat 2020-21
2.	Herbal analgesic plaster	Dharmendra, GametiDhruvi , Patel Janviben, Patel Disha, DeoreRohit, Dave Mit, Dave Manan, Jatwa Pratik	Dr. Prasanna Mathad	50000/-	SOIC – SSIP Government Of Gujarat 2020-21

3.	Herbal eye liner	Devanshiraval DixitaAbhangi Siddhi boir Jalakpargi	Dr. Prasanna Mathad	45000/-	SOIC – SSIP Governmen t Of Gujarat 2020-21
4.	Herbal eye drop for CVS&D	Sandigadasaga r SheetalOza Patel Krish	Dr. Prasanna Mathad	42000/-	SOIC – SSIP Governmen t Of Gujarat 2020-21
5.	Mishi nasal drop for PCOS	Abhisonani, KomalVasoya, Vishal Takkar, Meet Patel	Dr Jaysheela	50600/-	M2M - Ayurved I-Hub, Govt Of Gujarat 2021-22
6.	Gynae kit (Herbal solution for PCOS)	Isha Ahir, Sankruti patel, Khushbu Patel, Apexa Baria	Dr Sarita Ohol	55897/-	M2M - Ayurved I-Hub, Govt Of Gujarat 2021-22
7.	Medhyasrishtirasaya na – herbal solution for ADHD	Drashti Gamit, Srushtipatel, Foramkotadiy a, Aisharya Patil	Dr Eshwari Salian	56600/-	M2M - Ayurved I-Hub, Govt Of Gujarat 2021-22
8.	Nano formulation of Vit –D in soft gel capsules (A Nutritional supplement)	Hitashree Prajapati, Zankhan Prajapati, Arshad Zuneza, Sakshi Juneja	Dr Suvarna Meshram	45050/-	M2M - Ayurved I-Hub, Govt Of Gujarat 2021-22
9.	Ayurvedic formulation in effective management of Parkinson disease	Patel Dhruvin, Milonee Patel, Patel Devanshi	Dr Vaishali Deshapand e	66500/-	M2M - Ayurved I-Hub, Govt Of Gujarat 2021-22